

To Parents/Carers of Year 8 pupils

18th September 2023

Dear Parent/Carer,

Year 8 Food Technology

As a school we think it is important that all children are given opportunities to develop a wide range of skills. An aspect of our provision that we are trying to develop is Food Technology, ensuring that pupils have the opportunity to learn to prepare and make food, alongside learning the key nutritional facts of the meals they are making.

To provide this education for our pupils, we have secured the services of Mix and Munch, a local food provider who are going to run sessions this term for our Year 8 pupils. For the sessions, each Year 8 class will be split into two groups, and each group will spend half a day (either morning or afternoon) preparing and making a two-course meal. At the end of the day, the whole class will come together to taste each other's cooking and reflect on the experience that they have had. They will also be given containers so that they can bring their food home for their families to try.

The dates for each class are as follows...

Friday 22nd September - 8E

Friday 29th September - 8G

Friday 6th October - 8H

Friday 13th October - 8J

Friday 3rd November - 8P

Friday 10th November - 8R

There is no cost for this event and pupils do not need to bring any additional equipment into school with them. They should, however, ensure they have their books for all lessons on the day of their session, as they will still be attending class for half the day.

Please can you let me know if your child has any allergies beyond those that you have already informed the school about. We will ensure that the food prepared by your child conforms to any religious requirements they may have, based on the information you have previously provided the school.

If you require any further information, please do contact me via email: jowen@saintcecilias.london.

Yours sincerely,

James Owen
Deputy Headteacher